



### W2W Coffee

- Are you looking for friendship & Godly encouragement?
- Would you like to share what God has done in your life?

W2W is for women who would like to mentor and share in another woman's life by using what God has done in your life to encourage and assist her in the glorious walk of a Christian woman; OR women who have been feeling the need to talk to another Christian woman who wants to support and encourage you, someone who has "been in your shoes" and made it through with God's help. In order to participate, you must attend an Orientation Coffee as well as one short training session. The Spring 2010 W2W Orientation Coffee Schedule is as follows:

**Sunday, February 21**  
**Bay Leaf Parlor; 2 PM**

For more information, contact  
 Karen O'Conner

### Ladies' Aerobics & Pilates



month.

Bay Leaf aerobics meets on Tuesdays and Thursday evenings at 5:45 PM - 6:45 PM Family Life Center. Wear loose, comfortable clothing and tennis shoes. For more information and to register please call Danita Pergerson at 250-9431. The cost is \$15 per class.

Pilates starts Wednesday, September 9th and is led by Lori Mosakewicz. The cost is \$5 per class. Mats are available at the church. Call Lori Mosakewicz to sign up at [imosakewicz@gmail.com](mailto:imosakewicz@gmail.com). Childcare is also available for \$2 per child per class.

- Beginner Pilates is 9:40 AM-10:30 AM
- Intermediate Pilates is 10:40 AM-11:30 AM



Heart to Heart Women's Ministry

In 2009, the fellowship of women at the Ladies Retreat, requested a function that would encourage women to connect and develop a stronger relationship with their fellow Sisters in Christ. Thus, Heart 2 Heart was born and continues to grow.

Each month, there will be varied activities in addition to fellowship time, guest speakers, testimonies, singing, special music, & sharing of what God is doing in our church and in our lives. Light refreshments are served each time.

For those who cannot come on a Thursday night, we are planning one Friday night this year called "Ladies Night Out" and several Saturday mornings as well. If you want to join us on Facebook, you can join our group "H2H Women's Ministry Fellowship Bay Leaf Baptist Church" and find out more. R.S.V.P is not required, but would be appreciated. You can also email Kelly Cash ([kcash@bayleaf.org](mailto:kcash@bayleaf.org)) at the church office if you have any other questions.



### Women On Missions

The goal of Women on Mission is to encourage women to become mission minded with such things as teaching about missions; praying for and giving to missions; performing mission activities; developing spiritually toward a missions lifestyle; participating in the work of the church and denomination.

**The Amazing Grace Circle**  
 2nd Monday, 9:30 AM  
 Sylvia Toler

**Abigail Grace Circle**  
 2nd Tuesday, 7:00 AM  
 Carolyn Lynam

**Esther Circle**  
 2nd Thursday, 1:00 PM  
 Sally Weber  
*Childcare available upon request*

For more information contact  
**Beth Robertson, Women on Mission**  
**Coordinator (847- 3452)**

## 2010 Women's Calendar

### February

- Feb. 18 H2H (Lattes, Laughter & Love)**  
 - 7 PM, EDU 3rd Floor  
 Common Grounds
- Feb. 21 W2W Coffee**  
 - 2 PM, Parlor
- Feb. 25 W2W Kick- Off**  
 - 7 PM, 3rd Floor

### March

- Mar. 11 Couponing 101**  
 - 7:00 PM, E- 301  
 Cost: \$15; \$20 per couple
- Mar. 19 H2H (Ladies Night Out)**  
 - 6:30 PM, Location TBA

### April

- April 15 H2H (Organ Donor Month)**  
 - 7:00 PM, Location TBA

### May

- May 8 Mother Daughter Tea**  
 - 10:00 AM - 12:00 PM
- May 22 H2H**  
 - 9:30 AM, Location TBA

### June

- June 24 H2H (Celebrate Summer)**  
 - 7:00 PM, Location TBA

\*\*\*Mark your calendars\*\*\*

**Bay Leaf Ladies Retreat is scheduled for October 8, 9, 10, 2010 with speaker Cindi Wood. More information to follow.**

**You may join any group at any time throughout the year.**

## Bay Leaf Baptist Church



## Opportunities & Calendar Spring 2010

*"In our minds we make our plans, but the Lord directs our steps."*  
 ~ Proverbs 16:9

Bay Leaf Baptist Church  
 12200 Bayleaf Church Road  
 Raleigh, NC 27614  
 919-847-4477  
[www.bayleaf.org/women](http://www.bayleaf.org/women)

Dear Bay Leaf Women,

The Women's Ministry's goal is to reach and unite women of all ages and stages by encouraging and equipping them to seek God and know His will through prayer and Bible study; through service, utilizing their God-given gifts; and through sharing God's love by a lifestyle of witnessing to the world around them. For more information about any of these programs, or to volunteer, please contact the church office or Lou Ann Pittman, at 414-3604 or [lpittman243@nc.rr.com](mailto:lpittman243@nc.rr.com). Be sure to visit our women's webpage at [www.bayleaf.org/women](http://www.bayleaf.org/women).

In Christ,

*Lou Ann Pittman*

Women's Ministry Coordinator

## Bible Studies For Women

### • The Frazzled Female

Sundays, 5:15- 7:15 PM, E- 309

Lori Jacumin

women, all ages • \$10.00

*While reflecting on the teaching of Jesus, women will be able to deal with essential issues like managing their time, getting along with difficult people, taking time for themselves, and even organizing their lives. This thought-provoking, yet light-hearted, study helps women discover practical, biblical help to confront issues that otherwise leave them discouraged. It helps participants develop biblical skills to handle stressful situations; grow in their relationship with Jesus; and ultimately experience peace, joy, and a saner lifestyle. (7 weeks)*

### • Breaking Free, Pt. 2: Beth Moore Study

Mondays, 7:00- 9:00 PM, E-

312

Danita Pergerson & Meghan Kidd  
women, all ages • \$15.00

*Breaking Free: Making Liberty in Christ a Reality in Life leads you through a study of the Scriptures to discover the transforming power of Christian freedom. Based on Isaiah 61:1-4, this in-depth study draws parallels between the captive Israelites and today's believers. Beth uses Scripture to point out the benefits of our relationship with God and shows you how to remove obstacles that hinder that relationship. As you identify spiritual strongholds in your life, you will progress on the journey toward greater freedom in Christ. This study will be spread over two semesters.*

## Bible Studies Continued

### • Isaiah: Precept Upon Precept Study

Tuesdays, 9:15 AM, E-

310

Nancy Rooth & Phyllis Adams  
women, all ages • \$31.50

*Isaiah is the crown jewel of Old Testament prophets, a book that strikes awe in the heart of its reader, especially when its poetry is read in the Hebrew. Prophecies from Isaiah are mentioned in twenty-two places in the Gospels, Acts, and Romans. The words of Isaiah were often found on the lips of the Christ, the Messiah prophesied in Isaiah. If Jesus, God incarnate, honored this grand and glorious book so highly, then you and I ought to do the same. In Isaiah Part 1, you will meet the Holy One of Israel, and learn how He deals with those who claim Him as God but don't honor Him as God in the way that they live. You'll find the destiny of nations, the future of all mankind ... including ours. **Begins January 12.** (14 weeks)*

### • Esther: Beth Moore Study

Tuesdays, 1:30- 3:30 PM, E- 310

Donna Whitley

women, all ages • \$15.00

*If you've ever felt inadequate, threatened, or pushed into situations that seem overpowering, this is the study for you. Just as it was tough being a woman in Esther's day, it's tough today. This study peels back the layers of history and shows how contemporary and applicable the story of Esther is for today's believer. This portion of God's Word contains treasures to aid us in our hurried, harried, and pressured lives.*

### • Transitions Lifestyle System

Sundays, 5:00- 6:30 PM, E- 305

Dawn Hughes

co-ed, all ages • \$260

*Are you a yo-yo dieter? Have you dieted without seeing results? Get a new lifestyle - a new you! Transitions is a comprehensive lifestyle system designed to help you achieve your weight loss goals and be healthy. Transitions provides a total-system approach that promotes healthy food choices, behavior modification and menu plans. The program includes: low-glycemic index (GI) meal plans, a daily journal, weight-management supplements to accelerate weight loss, entrees, bars and shakes to stay on track, support materials to ensure success, an interactive Web site to track progress and more!*

### • John, Pt. 2: J.O.Y. Bible Study

Wednesdays, 9:30 AM, Chapel

Debra Jenkins & Beverly Choquette

women, all ages • \$7.00

*Exactly who was Jesus? A wise teacher? A prophet? A fake? During Jesus' lifetime, no one understood his mission, but with a few carefully chosen incidents John unfolds the truth. Throughout the centuries, this portrait has drawn men and women into committed belief and intimate relationship with the Son of God. New members are welcome. If you have young children attending Joy Jr., please register them too.*

### • 1,2,3 John: J.O.Y. Bible Study

Wednesdays, 9:30 AM, Chapel

Dr. Will Gatling • women, all ages • \$7.00

*When false teachers began to undermine the faith of the Christians at the end of the 1st century, John responded with hard-hitting words about righteousness, love, and truth. His message continues to expose falsehood and gives Christians confidence in their relationship with God. **Begins April 7.** (4 weeks)*

## Sunday

- 8:30 am Worship & Sunday School
- 9:45 am Worship & Sunday School  
(Lydia class, women 20-55, E - 306A)  
(Charity/Ruth class, women 50 & up, Parlor)
- 11:00 am Worship & Sunday School
- 5:00 pm Preschool & Children's Bible Study  
Student Choir
- 5:15 pm Christian Life Institute (CLI)
- 6:00 pm The Gathering (Gr. 6-12)
- 6:25 pm Preschool Choir & Children's Choir
- 6:30 pm Evening Worship

## Wednesday

- 5:30 pm Wednesday Night Supper (Sept - May)
- 6:00 pm Reaching Raleigh (Gr. 6-12)
- 6:15 pm AWANA
- 6:30 pm Prayer Meeting  
Sanctuary Choir  
Christian Life Institute (CLI)
- 7:14 pm Revolution 714 (College & Singles)

## Couponing 101

Thursday, March 11

7:00-9:00pm

Room E-301

\$15 per person or \$20 per married couple

Please bring payment to the church office.

Su Soutter of The Intentional Home ([theintentionalhome.blogspot.com](http://theintentionalhome.blogspot.com))

will be coming to Bay Leaf Baptist Church to teach her coupon class. Su shops for her family of 6 for less than \$100 a week (and she still buys diapers!). That is all her family's food, cleaning, and health and beauty products. She shops one grocery store and one drug store only. And for the past year she has been teaching others how to cut their grocery bill in half by using coupons strategically.



Register online at [www.bayleaf.org](http://www.bayleaf.org).